A Co-Occurring Crisis

CRISIS CONFERENCE
APRIL 13, 2016
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Objectives

1. This presentation will inform the audience about the four (4) level of SUD services including prevention, intervention, treatment, and recovery services.

2. This presentation will explain the eligibility requirements for DSHS-funded SUD services.

3. This presentation will increase audience’s knowledge base about DSHS-funded SUD service array.
1) What is a SUD Crisis?
   a. Recognize the Problem
   b. Meet the needs of the person
   c. Refer for More Assistance

2) How does SUD complicate MH?

3) How should I respond to a SUD Crisis?
1) What is a Substance Use Disorder (SUD) Crisis?
Recognizing the Problem

Level 1: Minor Withdrawal
Level 2: Mid-Level Withdrawal
Level 3: Major Withdrawal

Alcohol Intoxication/Alcohol Withdrawal/Alcohol Overdose

The Basics

A Standard Drink

12 fl oz of beer = 4-5 fl oz of wine = 1.5 fl oz of 80 proof liquor
Alcohol Use Statistics

Prevalence of Drinking including Binge and Heavy
Alcohol Use Disorders in the United States
Alcohol Related Deaths
Economic Burden
Global Burden
Family Consequences
Underage Drinking
Health Risks of Alcohol Use

Health Risks
- Liver Damage
- Heart Damage
- Nerve Damage
- Digestive Problems
- Increased Cancer Risk
- Decreased Bone Density
- Weakened Immunity
- Increased Risk of Diabetes
- Increased Short Term and Long Term Health Risks
CIWA Ar & RASS Training

https://www.youtube.com/watch?v=NUKigZjcGy4
Recommended Course of Treatment

- CALL 911 IF WITHDRAWALS HAVE BEGUN FOR MEDICAL ATTENTION
- CALL OSAR FOR SUBSTANCE USE SCREENING
SHA Intoxication/SHA Withdrawal/SHA Overdose

https://www.youtube.com/watch?v=ufqMh7pxc6g
Recommended Course of Treatment

- CALL 911 IF WITHDRAWALS HAVE BEGUN FOR MEDICAL ATTENTION
- CALL OSAR FOR SUBSTANCE USE SCREENING
Opioid Intoxication/Opioid Withdrawal/Opioid Overdose
Opioid Use Among Women

- Chronic Pain
- Higher Doses
- Longer Periods
- More Quickly
Texas Medicaid NAS Birth

- 2011
- 2012
- 2013
- 2014
2013 Texas Medicaid NAS Births Data

- Bexar: 32%
- Dallas: 12%
- Harris: 11%
- Tarrant: 10%
- Nueces: 5%
- Travis: 4%
- all others: 26%
Methadone protects the fetus from risk of repeated withdrawal.
Informed Consent Form

1. Adults
2. Youth
3. Pregnant Women
Recommended Course of Treatment

• CALL 911 IF WITHDRAWING OR OVERDOSEING IMMEDIATELY!
Texas’ Approach to NAS

This Exceptional Item (EI) would appropriate $11.2 million in General Revenue to DSHS over the course of the 2016-2017 biennium to fund new and existing services aimed at reducing incidence, severity, and costs associated with NAS.

This EI would take a multi-pronged approach to addressing NAS by:

◦ enhancing screening and outreach to women of childbearing age to reduce the number of opioid dependent women that become pregnant
◦ increasing the availability of intervention and treatment services to pregnant and postpartum women to improve birth outcomes
◦ implementing specialized programs to reduce the severity of NAS
2) How can SUD affect MH

Risk Behaviors

Life Domain Functioning:
  ◦ Individual Strengths:
  ◦ Behavioral/Emotional
Substance Intoxication & Induced Disorders:

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3) How should I respond to a SUD Crisis?

History of Significant Withdrawal Symptoms

Current:
- Level of Intoxication
- Signs and Symptoms
- Quantity of Drug Use Over a Given Period of Time
- Frequency of Use
- Time Elapsed Since Last Use
- Pulse and Blood Pressure
- CIWA-Ar (Alcohol Withdrawal)
- Half Life of Substance
- Multiple Substances Used
- Drug Interactions
How substance use educates, intervenes, and treats...
Substance Use Disorder Service Array

There are four levels of SUD services in Texas they are prevention, intervention, treatment and recovery support. This presentation will hopefully explain the levels of care in Texas and also will address crisis issues which can and will happen at so many levels of treatment.

Prevention

Intervention

Treatment

Recovery Support
Prevention

YPU
YPI
YPS
CCPs
PRCs
Intervention

OSAR
PPI and PADRE
RBI
HIV and HEI
Intervention: OSAR Services

DSHS-funded contractor, as the Outreach, Screening, Assessment, and Referral (OSAR) provider, shall provide OSAR services to individuals seeking substance use information and treatment within the Program Service Area.

Requirements

Services Typically Offered

Quarterly Regional Meetings

Tropical Texas Behavioral Health Crisis Phone: 1-877-289-7199
Intervention: PPI

PPI (Pregnant, Postpartum Intervention)
- Service Requirements
- Eligibility
- Screenings and Assessments

- SCAN Laredo
- Behavioral Health Solutions of South Texas
- COADA-CB and Coastal Bend Wellness Foundation
Intervention: PADRE

PADRE is a community-based, gender specific outreach and intervention for DFPS referred fathers.

- SCAN Laredo
- Behavioral Health Solutions of South Texas
- COADA-CB and Coastal Bend Wellness Foundation
Intervention: RBI

**Rural Border Intervention (RBI):** Integrated prevention and intervention services that address the specific needs of the rural border communities and to provide access to a continuum of behavioral health services, including substance abuse prevention, intervention and treatment and mental health promotion and treatment.

Serving Children and Adults in Need, Inc. (SCAN) LAREDO
Aliviane EL PASO
Rio Grande Valley Council on Alcohol and Drug Abuse VALLEY
Intervention: HEI & HIV

HIV Outreach and HIV Early Intervention (HEI): Street and community outreach for high-risk populations and comprehensive service coordination and case management services for people with HIV/AIDS who also have substance use and/or mental health issues or are new to recovery.

HIV Resources: Coastal Bend Wellness Foundation & Valley AIDS Council

HEI: SCAN Laredo
Treatment

**Substance Use Treatment Services** - Admission to DSHS-funded treatment services is based on clinical and financial assessment. DSHS covers 100% of treatment costs for clients who are financially eligible (household income is less than 200% of the federal poverty line. For Medicaid-enrolled clients, DSHS pays for some services that are not covered by Medicaid. DSHS also assists with insurance deductibles for clients with private insurance, if the client’s household income is below 200% of the federal poverty line.

**Populations:**
- Adult
- Youth
- Specialized Female
Treatment for Adult & Youth

ADULT
- Residential Detox
- Ambulatory Detox
- Intensive Residential
- Supportive Residential
- Outpatient
- Medication Assisted Therapy
- COPSD

YOUTH
- Intensive Residential
- Supportive Residential
- Outpatient
- COPSD
Priority Population

Contractor shall offer services at times and in locations that maximize client access to substance abuse treatment, especially for DSHS-designated Priority Populations.

Federal/State: Pregnant, Injecting (immediate)
Federal/State: Pregnant (immediate)
Federal/State: Injecting (immediate)
State: DFPS (within 3 days)
All Others
Treatment: Detox Services

- Services for clients who are physically dependent upon alcohol and other drugs to safely withdraw from those substances and for clients who are intoxicated to be medically monitored until achieving a non-intoxicated state.

Youth not eligible

Informed Consent
Ambulatory Detox

- SHA Dependence
- Alcohol Dependence
- SHA Abuse
- Alcohol Abuse
Treatment: Residential Services

Services for clients who require a residential setting to facilitate recovery from substance use disorders. These services are provided 24-hours per day, 7 days per by a multidisciplinary team.
Treatment: Outpatient

- Services for clients who do not require a more structured environment such as residential services to achieve abstinence and meet treatment goals.
Treatment: Medication Assisted Therapy

Medication-Assisted Therapy (MAT) services for opioid-dependent individuals to alleviate adverse physiological effects of withdrawal from the use of opiates and to detoxify the client to a drug-free state over a period of time that is required to meet the individualized needs of the client.
Outside of Region?

Women and Children Intensive and Supportive Residential Treatment (specialized female)
Statewide HIV Intensive Residential Treatment (adults)
Specialized Female Wraparound Services
Youth Wraparound Services
HIV Wraparound Services
Youth Recovery Communities
Treatment: COPSD

To provide adjunct services to clients with co-occurring psychiatric and substance use disorders (COPSD), emphasizing integrated treatment where both disorders are seen as primary, in existing mental health and substance use disorder treatment services.

Charlie’s Place Recovery Center
Serving Children in Need (SCAN) Laredo
South Texas Substance Abuse Recovery Services (STARS)
Recovery: RSS

Recovery Support Services:

Nonclinical services that assist individuals and families to recover from alcohol, drugs (illicit and legal), or co-occurring substance use. RSS’s include social support, linkage to and coordination among allied service providers, and a full range of human services that facilitate recovery and wellness.
ROSC Across Texas

Recovery Oriented Systems of Care
DSHS Subject matter expert guide

Suzanne Alley 512-838-4306 Youth Treatment

Tina Hosaka 512-838-4307 Adult Programs, Co-Occurring Programs

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Karen Palombo 512-838-4381 Women’s SUD Specialist

Lisa Ramirez 512-838-4379 Team Lead

Jenna Sheldon 512-838-4310 Supportive/Recovery Housing

Sherri Jackson 512-838-4311 Recovery Oriented Systems of Care

Laura Czepiel 512-838-4305 Recovery Support Services

Kevin Klauber 512-838-4313 LMHA/OSAR

Katie Sherman 512-838-4384 Specialized Female-OTS

Julie Steed 512-8373 Specialized Female

Calvin Holloway 512-838-4312 Team Lead
Keys to Integrated MH/SUD Services

Welcome for Care
Engaged with Empathy
Person-Specific & Integrated Care
Routinely Screened for Co-Occurring Disorders
Ongoing education about medication
Ongoing Assessment is important
References


Center for Substance Abuse Treatment. *Substance Abuse Treatment for Persons with Co-Occurring Disorders.* Treatment improvement protocol TIP 42. Rockville, MD: SAMHSA, 2005.

IHS. (2003). *Alcohol withdrawal assessment scoring guidelines (CIWA-Ar).*
